

Beyond 30 days

One thing this Ramadan taught us is that we most definitely have the capacity to become better versions of ourselves! We proved we could wake for Tahajjud for 30 straight days, withstand hunger and thirst in one of the hottest summers in recent years, manage daily activities on minimal sleep, and stand for hour-long Tarawih prayers.

As soon as we heard the adhan, we dropped everything to perform our Salaat. We tuned in to the daily online Dars Quran after Fajr. We were capable of putting down our phones and sharing Iftar and dinner as a family. We found satisfaction in simple meals, even when ravenous, and didn't notice any lack of salt or spice.

We resisted the urge to indulge in soap operas, and were surprised to find ourselves genuinely enjoying and learning from MTA programs. We kept our cool and walked away from arguments, and went out of our way to help others without questioning their circumstances.

We detached ourselves from the hustle and bustle of mundane life and focused on our spirituality, which brought serenity and peace of mind. For 30 days, our connection with Allah surpassed any Wi-Fi connection!

So dear sisters, if we could achieve this for 30 days, who says we can't maintain it for the rest of the year? Having found our way to Allah this Ramadan, are we really willing to let it slip away?!



