

The Ultimate Reset Button

In the rush of the year, we frequently fail to give the Quran the reflection it deserves. We find it so easy to merge salat Zohr with Asr, or Maghrib with Esha, just to keep up with our schedules. Charity becomes a secondary thought. We sometimes miss Jamaati programs or listen to the live Friday sermon vaguely. Don't get me wrong - on paper, we are trying to do what is expected of us, but somehow our ibaadat lacks flavour at times. It feels more like ticking boxes.

Then comes Ramadan, the ultimate reset button!

The moment the month begins, our mindset shifts. It is as if a magical veil descends, transforming our routine into a deep, soulful connection. Suddenly, the Zikr-e-Illahi tastes better. The salat, once a race against the clock, becomes a sincere sanctuary. The recitation of the Quran feels sweeter, reaching depths that were dormant during the busy year.

Outsiders often look at us with genuine surprise: "You don't even drink water?" To them, it seems like an impossible feat. While the first few days might bring a twinge of hunger, we quickly adjust. We don't miss the food; we don't crave the water. Our minds are elsewhere, anchored in a zeal to meet Allah. We fast for Him and give charity for His pleasure alone, driven by a passion that transcends physical needs.

Unfortunately, for many of us, when the month ends, we slowly feel that magical veil begin to erode. But Ramadan has already served its purpose: it has proven that we are capable of profound, heartfelt devotion. So, how do we maintain this Ramadan version of ourselves for the remaining eleven months? By holding fast to the standard Huzoor (aa) emphasised in his Friday sermon (27.02.26) to ground our actions in sincerity:

"Say, 'Verily I am commanded to worship Allah, being sincere to Him in religion.'"
(39:12)

When the world tries to pull us back into a rush, we pause and whisper this humble plea:

"O our Lord, pour forth steadfastness upon us, and make our steps firm." (2:251)